

# SCO157 Empathy and Reflection

**Level:** 1

**Credit Units:** 2.5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JAN

## Synopsis:

This course discusses how the arts cultivate empathy and explores how empathy can help us better understand individuals and communities. It will also question the relationship between empathy and personal reflection, such as, how we can learn to distinguish our feelings from others', and how we are able to take another's perspective while regulating our own emotional response. Students will compose their own creative project (e.g., short film, podcast, music video) to elicit empathy for a cause they are interested in or elicit empathy with their learning moments (e.g., service-learning, overseas experience or work attachment).

## Topics:

- Empathy, sympathy and compassion
- Empathy and the arts
- Empathy and reflection
- Empathy and society
- Empathy, morality and social action
- Applications of empathy

## Learning Outcome:

- Discuss the relevance of empathy in the contemporary
- Examine the relationship between empathy and reflection
- Identify factors affecting empathy
- Illustrate arguments using concepts learnt
- Relate concepts learnt to real world examples
- Demonstrate an understanding of empathy and its contexts

## Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-COURSE DISCUSSION BOARD	10
REFLECTION JOURNAL	40
GROUP BASED ASSIGNMENT	30
PRESENTATION	20
<b>Sub-Total</b>	<b>100</b>

Examinable Component	Weightage (%)
<b>Sub-Total</b>	

**Weightage Total**

**100**