

Instructions to Applicants for Personal Statement

1. The following topics for applicants to consider in their Personal Statement:
 - a. Good counsellors use their life experiences well. Using not more 500 words, write a personal statement on what life experiences that motivate you to apply to the SUSS Master of Counselling programme. Preferably, you should reflect on:
 - i. What are your current and/or past family, health, mental health, and other life experiences that motivate you to apply to our programme?
 - ii. What is done or should be done about this lived experience for you to become a good counsellor, where appropriate?
 - iii. What lessons or skill sets you have learned from this experience that would help you in training to be a competent counsellor, if any?

Instructions to Applicants for Referral Letters

2. Applicants are expected to provide two referee letters to support their application:
 - i. One referee letter from their immediate work supervisor; and
 - ii. One referee letter from their family member or a close friend, or
 - iii. Two reference letters from their family member/close friend, if not employed.