

## Curriculum Vitae



### **Mr Nicholas Gabriel Lim**

Head, Graduate Diploma in Professional Life Coaching, Graduate Diploma in Expressive Arts Therapy and Graduate Diploma in Youth Work Programmes

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## Education Qualifications

2023	Juris Doctor (Family and Criminal Law) – Singapore University of Social Sciences
2013	Certified Choice Theory and Reality Therapist – William Glasser Institute (International, Singapore)
2013	Certified Emergenetics Consultant – Emergenetics (International, Asia Pacific)
2013	Certified Clinical Supervisor – Centre for Experiential Training
2012	Certified Therapeutic Behaviour Management Practitioner – Steve Parese, Ed.D, Therapeutic Aggression Control Techniques, SBP Consulting
2009	Certified Dynamic Assessment Practitioner – Mogens Jensen, PhD, International Center for Mediated Learning
2008	Master of Arts in Applied Psychology – National Institute of Education, Singapore
2004	Certified Adventure Therapist – Michael Gass, PhD, University of New Hampshire
2002	Bachelor of Arts in Psychology – University of Queensland, Australia

## Academic and Professional Experience

2011 -	Associate Faculty (Clinical Supervisor) – National Institute of Education
2017 - 2020	Senior Court Family Specialist (Psychologist) – Family Justice Courts
2016 - 2020	Associate Faculty (Psychology) – Singapore University of Social Sciences
2016 - 2017	Principal Psychologist and Director of Development, Youth and Education Emergenetic Calen and Sage Pte Ltd (Asia Pacific)
2012 - 2016	Principal Psychologist and Assistant Director – CARE Singapore
2008 - 2011	Principal Psychologist – iGROW Pte Ltd
2008 - 2010	Associate Faculty (Psychology) – Raffles College of High Education
2005 - 2006	Senior Associate Psychologist – CARE Singapore

2003 - 2004 Associate Psychologist – CARE Singapore

### **Memberships and Professional Activities**

2012 - present Co-founder and President, Youth Work Association (Singapore)  
2022 - present Panel of Advisors, Youth Courts, Family Justice Courts  
2022 - present Panel of Assessors, National Council for Problem Gambling  
2020 - present Mentor, Advisory SG, Youth Corps Singapore  
2020 - present Mentor, WeConnect, Voices of Asia  
2013 - present Member, American Psychological Association  
2013 - present Member, Australian Psychological Society  
2013 - present Member, William Glasser Institute (International, Singapore)  
2011 - present Approved Clinical Supervisor, Singapore Register of Psychologist  
2008 - present Member, Singapore Psychological Society  
2008 - present Member, Nanyang Technological University Alumni  
2003 - present Member, University of Queensland Alumni  
2016 - 2018 Member, National Council for Problem Gambling (Ministry of Social and Family)  
2013 - 2018 Member, INSPIRIT National Community of Young Leaders, National Youth Council  
2012 - 2018 Member, Media Literacy Council (Infocomm Media Development Authority)

### **Consultation and Executive Experience**

2022 – Present Consulting Psychologist – Indigo & Co.  
2019 – Present Consulting Psychologist – Comeback World  
2017 – Present Consulting Psychologist – My Working Title  
2014 – Present Consulting Psychologist – Nigel Psychology  
2012 - Present Co-founder and President, Youth Work Association (Singapore)  
2018 - 2019 Chair Residents' Committee, Teck Ghee Constituency  
2015 – 2016 Chair Youth Sub-committee, Media Literacy Council (Infocomm Media Development Authority)  
2015 - 2016 Director of Development, Education and Youth – Emergenetics Calen and Sage Pte Ltd  
2015 Chair, 5th ASEAN Regional Union of Psychological Societies Congress  
2013 - 2019 Board, Catholic Archdiocesan Commission for the Family  
2013 - 2019 Chair Public Education, Singapore Psychological Society  
2015 - 2016 Treasurer Residents' Committee, Teck Ghee Constituency  
2012 - 2016 Assistant Director – CARE Singapore  
2011 - 2012 Vice-Chair Social and Community Service, Youth Executive Committee, Teck Ghee Community Club Management Committee  
2008 - 2011 Co-Founder and Executive Director – iGROW Pte Ltd  
2005 – 2006 Team Leader – CARE Singapore

## **Research Interests**

- Mindsets
- Resilience (Youth)
- Self-Regulation
- Psych spirituality
- Behaviour Economics
- Mental Health (Youth)
- Youth Empowerment
- Gaming Dependency
- Sexuality and Identification

## **Selected Publications**

Lim, N. (2008) – The Relationship Between Academic Self-Regulation, Perfectionism and Psychopathology in Students from the Normal and Express Streams. Singapore. Nanyang Technological University.

LIM, N. G. (2022) – Clash of the Mind and Heart: Parents' Playbook For Helping Youths Succeed. World Scientific.

*Updated 06 February 2021*