

Curriculum Vitae



Dr. Tania Nagpaul

Senior Lecturer, Human Resource Management Programme

S R Nathan School of Human Development

Tel: +65 6248 0413

Education Qualifications

- 2012- 2017 PhD in Psychology, Nanyang Technological University (NTU), Singapore
Cumulative GPA: 4.75/5.0 Thesis Title: Contingent self-esteem, materialism and well-being:
the mediating effects of need for autonomy.
- 2001- 2003 Masters in Applied Psychology, University of Delhi, New Delhi, India.
- 1998- 2001 Bachelor (Honours) in Psychology, University of Delhi, New Delhi, India.

Academic and Professional Experience

- 2020 – Present Senior Lecturer, Human Resource Management Programme, S R Nathan School of Human
Development, Singapore University of Social Sciences
- 2017 - 2020 Programme Manager (Research), Lien Centre for Social Innovation, Singapore
Management University, Singapore.
- 2016 - 2020 Adjunct Lecturer, Division of Psychology, Nanyang Technological University, Singapore.
Developed and taught a course on “Psychology for Sustainability”.
- 2012 - 2017 PhD Candidate, Division of Psychology, Nanyang Technological University, Singapore.
- 2006 - 2009 Lecturer, Division of Psychology, Nanyang Technological University, Singapore. Taught a
course entitled, “Coping with Cultural Transition”.
- 2006 - 2010 Associate Chair and Tutor, Department of Psychology, SIM, Singapore

Research Interests

- Self-determination theory intervention research, occupational well-being, social issues such as food insecurity, youth at –risk, single parent families and mixed methods research.
- Diversity education and training research, evaluating effectiveness and social experiments to demonstrate existence of bias.

Publication History

Nagpaul, Tania, C-H. Leong, C-S. Toh, A. B. Amir, R. Chin, and S. Tan. (2022). Exploring Job Satisfaction and Intentions to Quit among Security Officers: The Role of Work Hygiene and Motivator Factors. *Social Sciences* 11: 497. <https://doi.org/10.3390/socsci11110497>

Nagpaul, T. & Koh, C. B. (2022) "SimplyGood: From a Mission to Rescue Waste to a Passion for Reducing Single-use Plastics". in Foo, M. D., Koh, C. B., Pua, M. (Ed). Towards a Sustainable Future: Delivering positive economic, environmental and social impact. (pp. 23–40). Asian Business Case Center.

Nagpaul, T., Sidhu, D., & Chen, J. (2021). Food Insecurity Mediates the Relationship between Poverty and Mental Health, *Journal of Poverty*, Published online: 14 Apr 2021. DOI: 10.1080/10875549.2021.1910102 (Impact Factor-Citescore: 1.4)

TAN, Qiuyi; DAVIS, Christy; SIDHU, Dalvin; and NAGPAUL, Tania. Crisis and connection. (2020). 1-29. Lien Centre for Social Innovation: Research. Available at: https://ink.library.smu.edu.sg/lien_reports/17

Nagpaul, T., Sidhu, D., & Chen, J. The hunger report: An in-depth look at food insecurity in Singapore. (2020). 1-27. Lien Centre for Social Innovation: Research. https://ink.library.smu.edu.sg/lien_reports/15

Nagpaul, & Chen. (2019). Self-determination theory as a Framework for understanding needs of youth at-risk: Perspectives of social service professionals and the youth themselves. *Children and Youth Services Review*, 99, 328-342. (Impact Factor: 2.04)

Nagpaul, T., & Pang, J.S. (2017). Extrinsic and Intrinsic Contingent self-esteem and materialism: A correlational and experimental investigation. *Psychology and Marketing*. DOI:10.1002/mar.21009 (Impact Factor: 2.02)

Nagpaul, T., & Pang, J.S. (2017). Materialism lowers well-being: The mediating role of need for autonomy—correlational and experimental evidence. *Asian Journal of Social Psychology* 20(1), 11–21. doi: 10.1111/ajsp.12159. (Impact Factor: 0.74)

Media publications

- 2023 Jul [Commentary](#) published in Today entitled: Diversity and inclusion — mere buzzwords or life skills to be taught in school?
- 2022 Dec [Comments](#) published in askSTJobs article entitled: Overcoming impostor syndrome at work.
- 2022 Nov [Commentary](#) published in Today entitled: What youth want most from a job, and what bosses should do to get the best out of them
- 2022 July [Comments](#) published in Lianhe Zaobao feature story entitled: Decoding workplace personality tests (translated).
- 2022 Jan [Commentary](#) published in CNA entitled: Do we dump office chores no one wants to do on admin staff?
- 2021 Nov [Commentary](#) published in Today entitled: Understanding the psychology of vaccine hesitancy could help to change minds.

Awards

- 2024 Mar Awarded the MOE-SUF research funding for project titled, “Investigating the effectiveness of a university level diversity and inclusion course in influencing students’ diversity related attitudes and behaviours”.
- 2022 July Received the SUSS Award for Teaching Excellence 2022 – Honorable Mention Certificate.
- 2015 & 2016 Won the Best Speaker award at the Humanities and Social Sciences colloquium, NTU, Singapore for two consecutive years.

Conference Presentations

- Nagpaul, Tania. (2021). Exploring Job Satisfaction and Intentions to Quit among Security Officers: The Role of Work Hygiene and Motivator Factors. WAPOR Asia 4th Annual Conference, Bangkok
- Nagpaul, T. & Pang, J.S. (2016). Materialism lowers well-being: The mediating role of need for autonomy—correlational and experimental evidence. Paper presented as an individual presentation at the 3rd Canadian Conference for Positive Psychology to be held at Niagara, Ontario, Canada in June 2016.
- Nagpaul, T. & Pang, J.S. (2015). Psychological resources can attenuate the effects of materialism- an investigation of gratitude and mindfulness as possible solutions. Paper presented at the 4th Annual International Conference on Cognitive and Behavioural Psychology, Singapore, February 2015.

Updated on 8th April 2024