

## Curriculum Vitae



### **Timothy Chua**

Senior Lecturer, Social Work Programme  
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### **Education Qualifications**

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| 2012 | Master of Arts in Applied Psychology (Counselling Specialisation) – National Institute of Education                                       |
| 2009 | Master of Social Science in Professional Counselling, Swinburne University of Technology, Specialisation in Cognitive Behavioural Therapy |
| 1995 | Bachelor of Arts in Social Work and Psychology, Pass with Merit, National University of Singapore   |

### **Academic and Professional Experience**

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| 2010 - 2016 | Principal Medical Social Worker, Ng Teng Fong General Hospital, Jurong Health Services |
| 2005 - 2010 | Senior Medical Social Worker, National Healthcare Group Polyclinics                    |
| 1999 - 2005 | Senior Medical Social Worker, National Heart Centre                                    |
| 1997 - 1999 | Social Worker, Youth Guidance (branch of Singapore Youth For Christ)                   |
| 1995 - 1997 | Social Worker, Students Care Services  |

### **Memberships and Professional Activities**

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| 2012 - Present | Clinical Member, Singapore Association of Counsellors                        |
| 2006 - Present | Registered Social Worker, Singapore Association of Social Workers (RSW00-10) |

### **Consultation and Executive Experience**

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| 2016        | Organising Committee – The 8th International Conference on Social Work in Health and Mental Health |
| 2012 - 2013 | Social work consultation with Home Nursing Foundation  |

## **Research Interests**

- Emotional Wellness and Spirituality
- Systemic and Integrative Model of one's thoughts, feelings, and behaviours

## **Conferences and Presentations**

- Oral Abstract Presentation: THL Chua. Spirituality and Emotional Distress (Submission ID#16813). The 7<sup>th</sup> International Conference on Social Work in Health and Mental Health, Los Angeles, California, 23-27 June 2013.
- Oral Presentation: THL Chua. Social Work Intervention in Total Wellness. Inaugural Medical Social Work Research Interest Group Symposium, Singapore, 25 September 2010.
- Oral Abstract Presentation: THL Chua. The Role of Behavioural Therapy in Obesity Management (1151). 38th European Association of Behavioural and Cognitive Therapies (EABCT) Annual Congress, 10 – 13 Sept 2008, Helsinki, Finland.
- THL Chua, Behavioural Modification for Obese Patients – A Personal Reflection (P40). Proceedings of the 1st International Conference on Healthcare Transformation: Primary Care Focus. Annals of the Academy of Medicine, Singapore Volume 37 (Supplement), Number 5, May 2008.

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