

SU:SS

SINGAPORE UNIVERSITY
OF SOCIAL SCIENCES

2019 Undergraduate Programmes

BACHELOR OF COUNSELLING

(Part-time Programme)

S R NATHAN SCHOOL OF
HUMAN DEVELOPMENT

BACHELOR OF COUNSELLING

Programme Overview

With increasing complexity in our social environments and escalating stress levels in the workplace, schools and community in general, the demand for professional counsellors has been rising.

The various courses in our Counselling programme are designed to equip graduates with strong foundations in the theories and techniques of professional counselling, to function proficiently as professional counsellors, as well as to specialise in their desired setting and with their preferred clientele group.

Our Programme

The Bachelor of Counselling programme emanates from the key foundational components of counselling theory and practice. The focus is on the mastery and integration of an eclectic knowledge base and a broad spectrum of skills. A wide range of theoretical knowledge and practice skills underlying counselling practice will be covered.

Graduates will be equipped with a variety of counselling skills including assessment, ethics, group facilitation, crisis intervention, family, addiction and career counselling. This programme will also prepare graduates to practise in a variety of settings, across the life span and with diverse populations.

Our Edge

As the only counselling degree offered by a local university, contemporary in-depth counselling issues are taught, and training is conducted by experienced practitioners to prepare graduates to function in our local environment, dealing with pervading social, ethical and cultural issues.

To ensure that graduates are well-trained to work with clients upon graduation, field experience is highly emphasised in this programme. Students have to undergo a 35-hours laboratory-based counselling skills course, and one supervised practicum with 50 client contact hours to ensure adequate real-life experience.

As the counselling practicum is a core feature in professional counselling training, students are required to commit their time to it.

All courses are taught by established academicians and experienced professionals in the field, ensuring that issues discussed are contemporary and relevant for practical application.

The inclusion of personal development in counsellor education has been adopted by quality education programmes internationally. Our school's counselling centre, C-Three (Connect • Counsel • Choices) provides personal development sessions for trainee counsellors to enhance self-care, promote personal growth, strengthen therapeutic skills, and as partial fulfillment towards the Counselling programme requirements.

This programme prepares graduates to function as professional counsellors. Graduates may choose to continue with the Master of Counselling at Singapore University of Social Sciences (formerly known as SIM University) (recognised by the Singapore Association for Counselling, SAC). Completion of 600 hours of face-to-face counselling within 3 years of their Masters graduation qualifies them for membership as registered SAC counsellors.

Why is Singapore University of Social Sciences Unique?

Studying in Singapore University of Social Sciences means that working adults are able to enrich themselves academically without compromising their careers, families and social lives. All our classes are conducted in the evenings and during weekends on campus. To supplement the classes, study guides are provided so that self-study is possible to complement classroom learning.

Application of gained knowledge and skills is immediate as the curriculum is designed to be practical for working adults, resulting in greater knowledge retention and assimilation.

Programme Structure

This programme is built around strong counselling competencies, and adopts an academic-practitioner approach to the counsellor education. Electives included in the programme are identified to allow for specialisation in desired settings and clientele groups.

To graduate with a basic degree, students are required to complete a total of 130 credit units (cu) of courses, inclusive of 10 cu of university core courses.

CURRICULUM*

All courses are 5 cu unless stated otherwise.

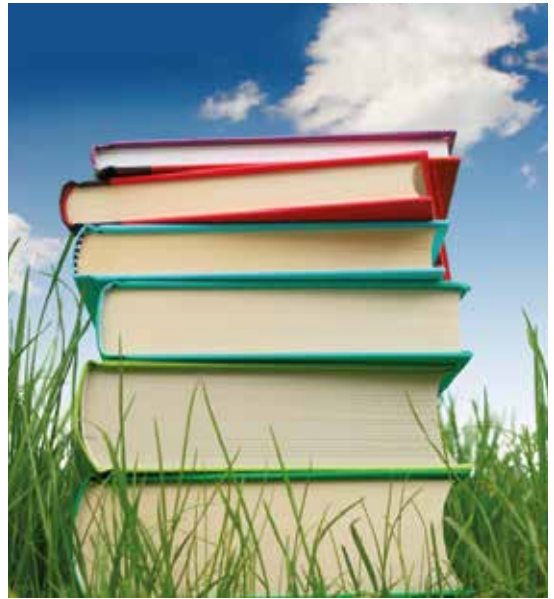
Year 1

Compulsory Courses

- Human Growth and Life Span Development (Birth to Adolescence)
- Human Growth and Life Span Development (Adulthood to Old Age)
- Introduction to Counselling
- Counselling Processes and Practice
- Social Emotional Learning
- Ethics in Counselling

Elective Courses

- Biological Influences on Human Behaviour
- Psychology of Personality Development
- Mental Health and Wellness



Year 2

Compulsory Courses

- Group Theory and Group Dynamics
- Group Facilitation and Group Counselling
- Multicultural Counselling
- Theories and Techniques of Counselling 1
- Theories and Techniques of Counselling 2
- Laboratory on Basic Counselling Skills (10 cu)

Elective Courses

- Counselling Children
- Counselling Adolescents
- Counselling Older Persons
- School-based Counselling

Year 3

Compulsory Courses

- Assessment Methods in Counselling
- Research Methods in Counselling
- Family Counselling
- Counselling Practicum (10 cu)
- Understanding Psychological Disorders

Elective Courses

- Counselling for Addictions
- Career Guidance and Counselling
- Crisis Counselling
- Counselling for Anxiety and Depression

* Curriculum may be subject to changes.

For more information on our Bachelor of Counselling, please visit suss.edu.sg/BCOU

ADMINISTRATIVE DETAILS

Admissions

You must be a Singapore citizen, permanent resident or a resident in Singapore. In addition, you will need to meet these minimum requirements:

- GCE 'A' level with two passes (prior to 2006) or two H2 passes (from 2006), or local Polytechnic Diploma or International Baccalaureate (IB) Diploma or NUS High School Diploma. Applicants with a Technical Diploma from ITE, or other Diploma qualifications plus an acceptable SAT or ACT (with Writing) score may be considered for admission on a case-by-case basis;
- Two years of full-time work experience, or currently employed on a full-time basis; and
- At least 21 years old.

Some programmes may have additional requirements. Please visit suss.edu.sg/PT and refer to the individual programme pages for details.

Shortlisted candidates may be required to undergo one or more interview(s) and/or take written admission or other evaluation tests.

All applications are considered individually on merit, and the offer of admission depends on the number of places available. Admission is solely at the discretion of Singapore University of Social Sciences.

How to Apply

Applications are to be made online via suss.edu.sg. You must submit all the required documents together with your admission application. Incomplete applications will not be considered.

Tuition Fees and Government Subsidy

The amount of course fee you pay in each semester depends on the number of courses you take in that semester. Course fees cover all study materials, classes, supervision, assignments and examinations. They do not include costs for textbooks and other additional items specified by the university from time to time.

The tuition fee subsidy from the Singapore Government comes in the form of a tuition grant which is administered by the Ministry of Education (MOE) and is offered to eligible students studying for an undergraduate degree with the Singapore University of Social Sciences (SUSS). Singapore Citizens aged 40 and above who are pursuing MOE-subsidised undergraduate programmes with SUSS and who are eligible for the SkillsFuture Mid-Career Enhanced Subsidy will enjoy a higher subsidy.

All Singaporeans aged 25 and above can use their \$500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website (www.skillsfuture.sg/credit) to choose from the courses available on the SkillsFuture Credit course directory.

Please visit suss.edu.sg for current tuition fees and eligibility criteria for the government subsidy and SkillsFuture Mid-Career Enhanced Subsidy.

Internet Access

All Singapore University of Social Sciences' students must have access to a computer or laptop and the Internet in order to use the electronic and website facilities, which allow access to course, academic or administrative information.

Contact Details

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