



2022

Undergraduate Programmes

**S R NATHAN SCHOOL OF
HUMAN DEVELOPMENT**

BACHELOR OF SPORTS AND PHYSICAL EDUCATION WITH MINOR

(PART-TIME PROGRAMME)



Programme Overview

The Bachelor of Sports and Physical Education with Minor (BSE) programme integrates essential pedagogical knowledge and skills tailored to practicing teachers as well as those interested in sport, physical education and outdoor education. Courses in this programme are designed to provide a broad spectrum of theoretical knowledge, as well as practical skills that are essential for the work place. The programme has the flexibility to allow students to choose not only courses in various areas including sports coaching, teaching primary/secondary school physical education, and outdoor education, but also a minor study of their choice.

Developed in consultation with the Physical Education and Sports Teacher Academy (PESTA) and experts in physical education (PE), the BSE programme has been benchmarked to the programmes of top universities around the world offering sports and physical education. Students can expect high-quality courses that are up-to-date and relevant. Importantly, the programme will develop in graduates the versatility and mobility to work in diverse career fields.



Whom is this for?

The BSE programme integrates both essential theory and practical skills within the discipline. It is developed with the practitioner in mind and caters to those who aspire to be in a career in sport, physical education and outdoor education. With the option to pursue a minor programme of their choice, this programme also appeals to those who are keen on emergent careers that combine sport with other fields of study such as business, analytics, entrepreneurship, marketing, management, psychology, communication, digital media, financial technology, mobile application development and special education.

Career Prospects

There is a broad spectrum of career opportunities. Depending on their chosen focus area of study, graduates will be well placed to pursue careers in areas such as physical education, outdoor education, sport & physical activity, fitness & health, leisure & recreation, sport business, sport marketing, sport management, sport communication, technology applications in sport, and digital media in sport.



Programme Structure

Students are required to complete a total of 130 credit units (cu) to graduate with a basic degree, inclusive of 10 cu of SUSS Core courses and 15 cu of General Electives which are courses offered under the General Studies Programme (course pre-requisites apply). All courses are 5 cu unless stated otherwise.

The breakdown of the cu to be completed is:

- 40 cu of BSE compulsory courses
- 25 cu of BSE elective courses
- 40 cu of minor courses (recommended: Management or Psychology)
- 15 cu of General Elective courses
- 10 cu of SUSS Core courses

Please refer to the SUSS website for details of the minor courses.

Year 1

July Semester

- Motor Development, Control and Learning
- Introduction to Human Movement
- Choose 10 cu from General Electives**

January Semester

- Exercise Physiology
- Choose 5 cu from your minor
- Choose 5 cu from BSE Elective Courses*
- Choose 5 cu from General Electives**

Year 2

July Semester

- Health and Wellness: Exercise and Lifestyle Factors
- Choose 10 cu from your minor
- Choose 5 cu from BSE Elective Courses*

January Semester

- Sports Biomechanics
- Choose 10 cu from your minor
- Choose 5 cu from BSE Elective Courses*

Year 3

July Semester

- Sports Safety and Management of Sports Injuries
- Recreational Sport Programme Management
- Choose 5 cu from your minor
- Choose 5 cu from BSE Elective Courses*

January Semester

- Applied Sport Psychology
- Choose 10 cu from your minor
- Choose 5 cu from BSE Elective Courses*

*BSE Elective Courses (Choose 25 cu)

July Semester

- Instructional Aspects in Physical Education and Sports¹
- Adapted Physical Education and Sport
- Risk Management in Outdoor Education
- An Introduction to Land- and Water-Based Adventure Education
- Current Issues and Trends in Sport
- Internship II

January Semester

- Methods for Teaching Physical Education and Coaching Sports¹
- Teaching of Games¹
- Measurement and Evaluation in Physical Education and Sport
- Sports Coaching
- Theoretical Perspectives of Outdoor Education
- Instruction and Facilitation in Outdoor Learning
- Ecological Literacy and Sustainability in Outdoor Education

**General Electives (Choose 15 cu)

Choose any courses offered under the General Studies Programme (course pre-requisites apply), including:

- Instructional Aspects in Physical Education and Sports¹
- Methods for Teaching Physical Education and Coaching Sports¹
- Teaching of Games¹

Explanatory Note:

¹ These courses are offered under both BSE Electives and General Electives.

Important Notes:

- The curriculum plan listed above is a general guide for students who intend to complete the programme in 3 years.
- The courses listed may be subject to changes.

ADMINISTRATIVE DETAILS

Admission Criteria

Applicants must be a Singapore citizen, a permanent resident or a resident in Singapore, and need to meet the following minimum requirements:

- GCE 'A' Level with two passes (prior to 2006) or two H2 passes (from 2006); or local Polytechnic Diploma; or International Baccalaureate (IB) Diploma; or NUS High School Diploma. Applicants with a Diploma from ITE, or other Diploma qualifications plus an acceptable SAT or ACT (with Writing) score may be considered for admission on a case-by-case basis;
- Two years of full-time work experience, or currently employed on a full-time basis; and
- At least 21 years old.

Additional Degree-Specific Requirements:

- Sports-related diploma (by reputable colleges or polytechnics*) or GCE 'A' Level with demonstrated sport competencies.
- Relevant work experience/other demonstrated competency in sports may be considered;
- Compulsory submission of your health memo and, if necessary, supplementary forms;
- Compulsory submission of your CV in the prescribed format.

* These include: NIE Diploma (Physical Education, Primary), NIE Diploma in PE (In-service), NIE Postgraduate Diploma in Education (PE), or sports-related diploma from local or overseas.

Some minor courses may have additional requirements. Please visit suss.edu.sg for more details.

Shortlisted applicants will be required to undergo one or more interview(s) and/or take written admission or other evaluation tests as may be prescribed by SUSS from time to time.

All applications are considered individually on merit, and the offer of admission is dependent on the number of places available in individual programmes. Admission is solely at the discretion of SUSS and the decision is final and binding. SUSS reserves the right to refuse admission and is not obliged to offer an explanation for the non-admission of unsuccessful candidates.

How to Apply

Applications are to be made online via suss.edu.sg. You must submit all the required documents together with your admission application. Incomplete applications will not be considered.

Tuition Fees and Government Subsidy

The amount of course fees you pay in each semester depends on the number of courses you take in that semester. The course fees cover all study materials, classes, tutor supervision, assignments and examinations. They do not include fees for textbooks and other additional items specified by SUSS from time to time.

The Tuition Fee Subsidy (TFS) from the Singapore Government comes in the form of a tuition grant administered by the Ministry of Education (MOE) and is offered to all eligible admitted students studying for part-time undergraduate programmes at SUSS. Singapore Citizens aged 40 and above who are pursuing MOE-subsidised undergraduate programmes with SUSS and who are eligible for the SkillsFuture Mid-Career Enhanced Subsidy will enjoy a higher subsidy.

All Singaporeans aged 25 and above can use their \$500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website (www.skillsfuture.sg/credit) to choose from the courses available on the SkillsFuture Credit course directory.

Please visit suss.edu.sg for current tuition fees and eligibility criteria for the government subsidy and SkillsFuture Mid-Career Enhanced Subsidy.

Internet Access

All SUSS students must have access to a computer/ laptop and the Internet in order to use the electronic and website facilities which allow access to course, academic and administrative information.

✉ student_recruitment@suss.edu.sg

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