



**2020**

**Graduate Programmes**

**S R NATHAN SCHOOL OF  
HUMAN DEVELOPMENT**

# MASTER OF COUNSELLING

Specialising in  
Couple and Family Therapy

# MASTER OF SOCIAL WORK

Specialising in  
Couple and Family Therapy





**MASTER OF COUNSELLING**  
SPECIALISING IN  
COUPLE AND FAMILY THERAPY

**MASTER OF SOCIAL WORK**  
SPECIALISING IN  
COUPLE AND FAMILY THERAPY

### **Programme Overview**

Relational problems are rising among couples, children and their families in Singapore. These problems are often presented at Family Service Centres, Child Guidance Clinics, and Psychological Medicine Departments in hospitals. Given the increasing clinical demands for trained counsellors in this area, the specialisation track in Couple and Family Therapy (CFT) will be offered within the existing Master of Counselling and Master of Social Work programmes.

The Master of Counselling-CFT and Master of Social Work-CFT programmes will focus on achieving a higher quality of training and clinical competency of its therapists.

### **Unique Features of CFT Specialisation Track**

- Emphasises on the robust and systematic training of students to be clinically competent therapists. Students will develop clinical values, skills and knowledge that are grounded in evidence-based practices
- Equips graduates with clinical skills that will effectively address, manage and treat relationship problems in couples, as well as parent-child issues, arising from childhood developmental problems
- It will be the first in Singapore to systematically train competent CFT therapists at a tertiary institution for the mental health sectors

### **Career Prospects**

Graduates can look forward to career opportunities in Family Service Centres, Voluntary Welfare Organisations, hospitals, schools and private clinics helping families and children with behavioural and/or developmental issues.

### **Whom is this for?**

1. Professionals who are seeking to enhance their career in counselling work or social work
2. Individuals interested to specialise in clinical work with couples, children and their families

# Master of Counselling Specialising in Couple and Family Therapy

Applicants without a  
Counselling degree



## Pre-requisite Courses

- Psychosocial Development through the Life Span
- Fundamentals of Counselling
- Laboratory on Basic Counselling Skills (32 hours)
- Supervised Practicum (180 contact hours)<sup>1</sup>



Applicants with a recognised  
Counselling degree



## Professional Studies

- Clinical Assessment in Counselling
- Ethics and Skills in Multicultural Counselling
- Couple and Family Therapy



## Advanced Studies

- Integrative Approaches to Counselling
- Behaviour Therapy
- Research and Evaluation in Counselling



## Graduate Diploma in Counselling<sup>2</sup>



## Core Courses for CFT

- Advanced Couple and Family Therapy
- Emotion-Focused Therapy for Couples (EFT)
  - Minuchin Family Therapy
  - CFT Supervision for Practice



## Electives Courses (choose two)

- Narrative Therapy
- Medical Family Therapy
- Gottman Couples Therapy
- Sexual Issues in Couple Therapy



## Master of Counselling Specialising in Couple and Family Therapy<sup>3</sup>

### Notes:

1. Supervised Practicum is compulsory for all students.

2. Need a min. CGPA of 2.5 to be awarded Graduate Diploma in Counselling; need a min. CGPA of 3.0 to proceed to Master of Counselling Specialising in Couple and Family Therapy.

3. Need a min. CGPA of 3.0 to be awarded Master of Counselling Specialising in Couple and Family Therapy.

## Pre-requisite Courses<sup>1</sup>

- Social Work Practice I: Social Casework and Family Intervention
- Social Work Practice II: Groupwork and Community Organisation
  - Social Welfare Policy and Service Delivery Systems
  - Social Work Practicum and Field Seminars (400 hours)



## Core Courses

- Human Lifespan and Social Ecology
- Social Policy Analysis and Development
  - Social Administration and Planning
- Theories and Principles of Supervision for Social Work
  - Social Research and Programme Evaluation
  - Contemporary Social Work Issues and Practice



## Graduate Diploma in Social Work<sup>2</sup>



## Core Courses for CFT

- Advanced Couple and Family Therapy
- Emotion-Focused Therapy for Couples (EFT)
  - Minuchin Family Therapy
  - CFT Supervision for Practice



## Electives Courses (choose two)

- Narrative Therapy
- Medical Family Therapy
- Gottman Couples Therapy
- Sexual Issues in Couple Therapy



## Master of Social Work Specialising in Couple and Family Therapy<sup>3</sup>

### Notes:

1. Only for students without a social work degree.
2. Need a min. CGPA of 2.5 to be awarded Graduate Diploma in Social Work; need a min. CGPA of 3.0 to proceed to Master of Social Work Specialising in Couple and Family Therapy.
3. Need a min. CGPA of 3.0 to be awarded Master of Social Work Specialising in Couple and Family Therapy.

# ADMINISTRATIVE DETAILS

## Admissions

Applicants must possess an undergraduate degree or an equivalent qualification from a recognised institution.

For SUSS graduate programmes that are conducted in the English Language, you must meet the English Language Proficiency Requirement (ELPR) of having at least an IELTS (Academic) score of 6.5 or a TOEFL score of 580 (paper-based) or 85 (Internet-based) [IELTS/TOEFL score must be obtained within the last 2 years at point of application] IF:

- your undergraduate degree is not awarded by an English-medium university, OR
- your undergraduate degree is awarded by an English-medium university but the language of instruction was not English.

Applicants with an undergraduate degree that was conducted in English but awarded by a non-English medium university must produce an official letter from the university to certify as such in order to seek waiver of the ELPR requirement.

*For Couple and Family Therapy specialisation track*, applicants should have good individual counselling skills, with at least one year of working experience with couples and families.

Shortlisted candidates may be required to undergo one or more interviews and/or take such written admission or other evaluation tests as may be prescribed by the Singapore University of Social Sciences from time to time.

The offer of admission is dependent on the number of places available in individual programmes. The decision of the Admissions Committee of the University is final and binding. The University reserves the right to refuse admission and is not obliged to offer an explanation for the non-admission of unsuccessful candidates.

## Tuition Fees

Our tuition fees are on par with those of other local universities. The amount of course fees you pay in each semester depends on the number of courses you take in that semester. The course fees cover all study materials, classes, tutor supervision, assignments and examinations. They do not include fees for textbooks and other additional items specified by SUSS from time to time.

## Concessions

SUSS offers the following course fee concessions:

- Applicants who are 60 years old and above will enjoy a 20% course fee concession.
- Alumni (Bachelor's, Master's or Doctoral programmes) of SUSS and SIM will enjoy a 20% course fee concession.

Students will enjoy only one of the two categories of concession. The above concessions are applicable to all programmes offered and awarded by SUSS unless specified otherwise.

The concessions are not applicable to students under any scholarship or sponsorship schemes, as well as courses offered with external institutions/organisations. They are also not to be used concurrently with any other concessions.

To encourage further education and upgrading by our alumni, graduates from the Bachelor's, Master's or Doctoral degree programmes awarded by SUSS will enjoy an additional 30% course fee concession for the first two master's courses when they enrol for a Graduate Diploma and/or Master's programme with the University.

Please visit [suss.edu.sg](http://suss.edu.sg) for current tuition fees and concession details.

For more information on Master of Counselling, please visit [suss.edu.sg/MCOU](http://suss.edu.sg/MCOU)

For more information on Graduate Diploma and Master of Social Work, please visit [suss.edu.sg/MSWK](http://suss.edu.sg/MSWK)