



2020

Graduate Programmes

**S R NATHAN SCHOOL OF
HUMAN DEVELOPMENT**

GRADUATE DIPLOMA IN
**PROFESSIONAL
LIFE-COACHING**





Programme Overview

Singapore University of Social Sciences has been offering the Bachelor of Counselling programme for more than ten years, and has served the needs of Singapore's counselling landscape well. While counselling presupposes problems that clients bring to the table that need to be resolved, coaching has a developmental and preventive flavour to it. In a nutshell, coaching aims to help individuals realise their full potentials in their personal and professional lives.

Our Graduate Diploma in Professional Life-coaching (GDPLC) is positioned to provide life-coaching education for degree holders who wish to prepare for a career in professional life-coaching, and for others who can benefit from life-coaching education in their current careers. Professional life-coaching is empowering for persons in careers like counselling, social work, teaching, human resource management, business, psychology, and those in leadership positions. The skill sets would enable the incumbents in these roles to coach not only their direct clients, but also staff under their supervision.

Unique Features of the Programme

According to the 2016 International Coaching Federation (ICF) Global Coaching Study in 137 countries, commissioned by ICF and undertaken by PriceWaterhouseCoopers, the coaching profession has continued to evolve. With regard to future obstacles, one of the main concerns expressed by coach practitioners was untrained individuals who call themselves coaches.

Our GDPLC meets the requirements for the ICF Accredited Coaching Training Program (ACTP), and graduates from the programme will be able to demonstrate the eleven core coaching competencies as stipulated by the ICF under these dimensions - A: Setting the Foundation, B: Co-creating the Relationship, C: Communicating Effectively, and D: Facilitating Learning and Results.



Programme Structure

To graduate with the GDPLC, students are required to complete 30 credit units consisting of six compulsory core courses, inclusive of a practicum.

Theories of Coaching

(Satisfies ICF's Core Competency D - Facilitating Learning and Results)



Techniques of Coaching: Core Skills and Methodologies

(Satisfies ICF's Core Competencies A and B -
Setting the Foundation and Co-creating the Relationship)



Coaching and Change

(Satisfies ICF's Core Competency D - Facilitating Learning and Results)



Coaching Practice and Practicum

(Satisfies ICF's Core Competencies B and C -
Co-creating the Relationship and Communicating Effectively)



Positive Psychology in Coaching

(Satisfies ICF's Core Competencies C and D -
Communicating Effectively and Facilitating Learning and Results)



Coaching Presence: Personal and Professional Development

(Satisfies ICF's Core Competency B – Co-creating the Relationship)



Graduate Diploma in Professional Life-coaching

ADMINISTRATIVE DETAILS

Admissions

Applicants must possess an undergraduate degree or an equivalent qualification from a recognised institution.

For SUSS graduate programmes that are conducted in the English Language, you must meet the English Language Proficiency Requirement (ELPR) of having at least an IELTS (Academic) score of 6.5 or a TOEFL score of 580 (paper-based) or 85 (Internet-based) [IELTS/TOEFL score must be obtained within the last 2 years at point of application] IF:

- your undergraduate degree is not awarded by an English-medium university, OR
- your undergraduate degree is awarded by an English-medium university but the language of instruction was not English.

Applicants with an undergraduate degree that was conducted in English but awarded by a non-English medium university must produce an official letter from the university to certify as such in order to seek waiver of the ELPR requirement.

Shortlisted candidates may be required to undergo one or more interviews and/or take such written admission or other evaluation tests as may be prescribed by the Singapore University of Social Sciences from time to time.

The offer of admission is dependent on the number of places available in individual programmes. The decision of the Admissions Committee of the University is final and binding. The University reserves the right to refuse admission and is not obliged to offer an explanation for the non-admission of unsuccessful candidates.

Tuition Fees

Our tuition fees are on par with those of other local universities. The amount of course fees you pay in each semester depends on the number of courses you take in that semester. The course fees cover all study materials, classes, tutor supervision, assignments and examinations. They do not include fees for textbooks and other additional items specified by SUSS from time to time.

Concessions

SUSS offers the following course fee concessions:

- Applicants who are 60 years old and above will enjoy a 20% course fee concession.
- Alumni (Bachelor's, Master's or Doctoral programmes) of SUSS and SIM will enjoy a 20% course fee concession.

Students will enjoy only one of the two categories of concession. The above concessions are applicable to all programmes offered and awarded by SUSS unless specified otherwise.

The concessions are not applicable to students under any scholarship or sponsorship schemes, as well as courses offered with external institutions/organisations. They are also not to be used concurrently with any other concessions.

To encourage further education and upgrading by our alumni, graduates from the Bachelor's, Master's or Doctoral degree programmes awarded by SUSS will enjoy an additional 30% course fee concession for the first two master's courses when they enrol for a Graduate Diploma and/or Master's programme with the University.

Please visit suss.edu.sg for current tuition fees and concession details.

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