

BSE205 Adapted Physical Education and Sport

Level: 2

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

BSE205 Adapted Physical Education and Sport is designed to provide students with the applied knowledge of how physical education and sport may be adapted or modified to address the unique needs of individuals with different disabilities. Emphasis is placed on the understanding of the processes involved in proposing different Individualised Education Plans (IEPs) for individuals with different disabilities. This process will enable physical educators to develop measurable goals and objectives which are reflective of the instructional content of adapted physical education and sport.

Topics:

- Introducing Adapted Physical Education and Sports
- Types of adapted games
- Understanding the unique needs of different disabilities
- Intellectual disabilities
- Learning (developmental) disabilities
- Sensory disabilities
- Physical disabilities
- Planning, implementing and evaluating adapted programmes
- Types of motor and fitness assessments
- Designing Individualised Education Plan (IEP)
- Managing behaviours of individuals with different disabilities
- Applying instructional strategies for individuals with different disabilities

Textbooks:

: Adapted Physical Education and Sport. 6th Edition. Comes with DVD. Winnick, J. P. Human Kinetics. 6 Human Kinetics
ISBN-13: 9781492511533

: Adapted Physical Education and Sport. 6th Edition. Comes with DVD. Winnick, J. P. Human Kinetics. 6 Human Kinetics
ISBN-13: 9781492511533-AA

Learning Outcome:

- Discuss the meaning of adapted physical education and sport including the inclusive practices for individuals with different disabilities.
- Explain the causes and characteristics of different disabilities.
- Identify appropriate tools for the assessment of motor skills and physical fitness for students with different disabilities.
- Interpret the implications of different disabilities in adapted programme organisation and behavior management.
- Select appropriate instructional strategies for individuals with different disabilities.
- Determine suitable schools, community agencies, resources, related services and supplementary aids for the unique learning needs of individuals with different disabilities.
- Modify the programmes for adapted physical education and sport to manage the unique learning needs of students with different disabilities.
- Examine different motor skill and physical fitness assessment tools to measure and evaluate the outcomes of adapted programmes.
- Prepare Individualised Educational Plan (IEP) including the goals and objectives for the unique needs of individuals with different disabilities.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-CLASS QUIZ	1.66
PRE-CLASS QUIZ	1.67
PRE-CLASS QUIZ	1.67
TUTOR-MARKED ASSIGNMENT	15
TUTOR-MARKED ASSIGNMENT	30
Sub-Total	50

Examinable Component	Weightage (%)
ECA	50
Sub-Total	50

Weightage Total **100**