

BSE209 Methods for Teaching Primary/Secondary Physical Education

Level: 2

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

The focus of this course is to further develop the instructional skills and methods in the planning and teaching of psychomotor, cognitive and affective learning in large group settings, with emphasis on teaching physical education to young children for primary school teachers and on intermediate and advanced learners in different team, individual/dual sports, dance and fitness activities for secondary school teachers. This course is oriented to: 1) develop an understanding of the characteristics and needs of children; 2) develop appropriate curriculum content in primary /secondary school physical education; and, 3) develop effective teaching skills for primary / secondary school physical education. Students will apply a variety of instructional methods as they prepare lesson plans, teach, and submit a written self-reflection on their teaching. Students use technological skills to critique and to systematically evaluate their instructional methods.

Topics:

- Teaching Concepts for Understanding
- Constructivist Pedagogy
- Technology for Task Enhancement
- Sport Education
- Teaching Values and Cooperative Learning
- Authentic Assessment

Textbooks:

Metzler, Michael: Instructional Models for Physical Education, 3rd ed 3 Holcomb Hathaway
ISBN-13: 9781934432136

Metzler, Michael: Instructional Models for Physical Education, 3rd ed 3 Holcomb Hathaway
ISBN-13: 9781934432136-AA

Learning Outcome:

- Identify the components of the planning process and distinguish critical characteristics of successful primary or secondary school Physical Education curricula and their role in the school setting.
- Sequence the content of the primary or secondary school for educational gymnastics, dance and games across the grade levels.
- Apply the principles and theories of learning and the Physical Education knowledge bases (conceptual, mechanical, developmental) to instructional planning and practice in the primary or secondary age setting.
- Employ methodological approaches to teaching that appropriately apply the whole spectrum of decision-making from teacher-centred to child-centred.
- Develop and implement unit plans (from educational gymnastics, dance, and/or games) aligned with content standards that specify the following: (a) summative outcomes and corresponding assessment procedures, (b) progression of psychomotor content according to a developmental analysis, (c) identification of cognitive and social skills content, (d) a block plan for a 4 week unit.
- Develop and implement lessons in a primary or secondary school Physical Education setting that include: (a) psychomotor, cognitive, and affective outcomes to be achieved. (b) a progression of movement content that is categorised according to a developmental analysis. (c) the goal and/or focus of the movement task. (d) appropriate cues for the motor plan; etc.
- Demonstrate the creation of a learning environment that respects and incorporates learners' personal, family, cultural, and community experiences.
- Use basic systematic observation instruments in the assessment of one's own teaching to analyse his/her instructional behaviours and the learning behaviours of his/her students through the use of reflective self-evaluation reports on their teaching experiences based on the following: (a) appropriateness of lesson and teacher objectives. (b) appropriateness of task progressions. (c) use of demonstration and cues. (d) use and effectiveness of instructional feedback; etc.
- Demonstrate competency in technology as an instructional tool (i.e., student assessment, task presentation) and in the analysis of one's pedagogical skills.
- Show professional behaviours related to Physical Education and teaching.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-CLASS QUIZ	1.66
PRE-CLASS QUIZ	1.67
PRE-CLASS QUIZ	1.67
TUTOR-MARKED ASSIGNMENT	20
TUTOR-MARKED ASSIGNMENT	25
Sub-Total	50

Examinable Component	Weightage (%)
ECA	50
Sub-Total	50

Weightage Total **100**