

# **BSE211 Instructional Aspects in the Teaching of Physical Education**

**Level:** 2

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JAN

## **Synopsis:**

Students will explore and learn to apply basic instructional skills in physical education settings, including environmental arrangements, task presentations, content development, lesson planning and feedback. Students will apply instructional principles to small peer group settings using open and closed movement skills. Requirements for each teaching episode include the construction of a written lesson plan aligned with developmental appropriateness, an audio or video recording of the teaching and submission of a written self-reflection on teaching. Students will use technological skills to critique and evaluate their instructional methods.

## **Topics:**

- Planning for Success
- Mosston & Ashworth's Reproductive Cycle of Teaching Styles
- Task Enhancement & Skill Development
- Teaching and Learning Feedback
- Basic Assessment - formal & informal
- Promoting Self-expression through Aesthetics/Gymnastics

## **Textbooks:**

: Teaching Physical Education for Learning 7th edition. Rink, J. 2014. McGraw-Hill (Alt ISBN 9780078022692)  
ISBN-13: 9781308027661-AA

: Teaching Physical Education for Learning 7th edition. Rink, J. 2014. McGraw-Hill (Alt ISBN 9780078022692)  
ISBN-13: 9781308027661

**Learning Outcome:**

- Demonstrate the difference between closed and open skills and the implications of such for the design of learning experiences
- Determine and explain providing examples of objectives in different learning domains.
- Design characteristics of a good task presentation.
- Demonstrate examples of general, specific, evaluative, corrective, congruent, incongruent, and positive and negative feedback.
- Describe the implications of groups of learners on the design of learning experiences.
- Develop appropriate student performance objectives for a learning experience in the three domains.
- Create a strategy for the presentation and development of a skill consistent with the characteristics of that skill.
- Explain a task to a learner with clarity, choosing most appropriate modes of communication.
- Demonstrate and/or explain skills accurately and efficiently using qualities of a good demonstration.
- Design a sequence of lessons using extension, refinement and application tasks.

**Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
PRE-CLASS QUIZ	1.66
PRE-CLASS QUIZ	1.67
PRE-CLASS QUIZ	1.67
TUTOR-MARKED ASSIGNMENT	20
TUTOR-MARKED ASSIGNMENT	25
<b>Sub-Total</b>	<b>50</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
ECA	50
<b>Sub-Total</b>	<b>50</b>

**Weightage Total** **100**