

BSE225 An Introduction to Land- and Water-Based Adventure Education

Level: 2

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

BSE225 An Introduction to Land- and Water-Based Adventure Education covers the foundation, theory, and practices of adventure-based education. Students will not only develop adventure-based technical skills but, more importantly, the imparting of those skills to young people under their charge. Instructional aspects of adventure-based education are based on experiential pedagogy, facilitation and contemporary practices. Students will acquire relevant knowledge and skills for managing adventure-based outdoor education.

Topics:

- Theory and Practice of Adventure-Based Education
- Land-Based Adventure Education: Camping, Hiking, Outdoor Cooking; Rock Climbing
- Water-Based Adventure Education: Canoeing; Rafting; Sailing

Textbooks:

Wagstaff, M. & Attarian, A.: Technical skills for adventure programming (2009) 2009 Human Kinetics
ISBN-13: 9780736066990-AA

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Learning Outcome:

- Develop personal narratives of adventure-based education.
- Demonstrate understanding of the principle, goal, and practices of adventure-based education.
- Discuss the benefits of adventure-based activities for enhancing physical, psychological, and social well-being.
- Demonstrate technical knowledge of land- and water-based adventure activities.
- Apply technical skills to plan and execute land- and water-based adventure activities.
- Identify risks in adventure-based activities.
- Apply strategies to minimize risks.
- Apply leadership to risk management of adventure-based education.
- Apply environmental ethics in relation to the conduct of adventure-based education.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-CLASS QUIZ	1.66
PRE-CLASS QUIZ	1.67
PRE-CLASS QUIZ	1.67
TUTOR-MARKED ASSIGNMENT	15
TUTOR-MARKED ASSIGNMENT	30
Sub-Total	50

Examinable Component	Weightage (%)
ECA	50
Sub-Total	50

Weightage Total **100**