

BSE257 Methods for Teaching Physical Education and Coaching Sports

Level: 2

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

BSE257 Methods for Teaching Physical Education and Coaching Sports further develops the instructional skills and methods introduced in BSE255 Instructional Aspects in Physical Education and Sports in the planning and teaching of psychomotor, cognitive, social and affective learning in large group settings, with emphasis on teaching Physical Education to young children for primary school teachers, on intermediate and advanced learners in different team, individual/dual sports, dance and fitness activities for secondary school teachers and developing young players technically and tactically for coaches. This course is oriented to: 1) develop an understanding of the characteristics and needs of children/young people; 2) develop appropriate curriculum/coaching content; and 3) develop effective teaching/coaching skills for young learners. Students will apply a variety of instructional methods as they prepare lesson/activity plans, teach/coach young pupils/players, and submit written self-reflections on their teaching implementation. Students use technological skills to critique and to systematically evaluate their instructional methods.

Topics:

- Teaching concepts for understanding
- Sequencing of curriculum concepts
- Questioning
- Constructivist pedagogy
- Teaching Games for Understanding (TGfU)
- Games Concept Approach (GCA)
- Technology/Performance tools for task enhancement
- Sport Education
- Teaching values
- Cooperative learning
- Inventing games
- Authentic assessment

Textbooks:

Metzler, Michael. Holcomb Hathaway: Instructional Models for Physical Education 3 Taylor & Francis
ISBN-13: 9781351818841

Metzler, Michael. Holcomb Hathaway: Instructional Models for Physical Education 3 Taylor & Francis
ISBN-13: 9781351818841-AA

Learning Outcome:

- Identify the components of the planning process and distinguish critical characteristics of successful primary or secondary school Physical Education curricula.
- Sequence the content of the primary or secondary school for educational gymnastics, dance and games across the grade levels.
- Apply the principles and theories of learning and the Physical Education knowledge bases (conceptual, mechanical, developmental) to instructional planning and practice in the primary or secondary age setting.
- Employ methodological approaches to teaching and coaching that appropriately apply the whole spectrum of decision-making from teacher/coach-centred to child/player-centred.
- Develop and implement unit/coaching plans (from educational gymnastics, dance, and/or games) aligned with content standards.
- Develop and implement lessons in a primary/secondary school Physical Education or coaching setting.
- Use basic systematic observation instruments in the assessment of one's own teaching to analyse his/her instructional behaviours and the learning behaviours of his/her students/players through the use of reflective self-evaluation reports on their teaching experiences.
- Demonstrate competency in technology/performance tools as an instructional tool (i.e., student assessment, task presentation) and in the analysis of one's pedagogical skills.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-CLASS QUIZ	1.66
PRE-CLASS QUIZ	1.67
PRE-CLASS QUIZ	1.67
TUTOR-MARKED ASSIGNMENT	15
TUTOR-MARKED ASSIGNMENT	30
Sub-Total	50

Examinable Component	Weightage (%)
ECA	50
Sub-Total	50

Weightage Total **100**