

# COU105e Psychology of Personality Development

**Level:** 1

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

**E-Learning:** BLENDED - Learning is done MAINLY online using interactive study materials in Canvas. Students receive guidance and support from online instructors via discussion forums and emails. This is supplemented with SOME face-to-face sessions. If the course has an exam component, this will be administered on-campus.

## **Synopsis:**

This course provides an overview of classical theories on personality development from a perspective that encourages critical thinking and fosters intellectual insights with respect to human nature. It shows the relevance of classical theories to culture, evolution, ego development, gender and person-situation interactions.

## **Topics:**

- What is personality?
- Psychoanalytic aspects of personality development
- Biological aspects of personality development
- Behavioural aspects of personality development
- Cognitive and learning aspects of personality development
- Social aspects of personality development
- Humanistic and existential aspects of personality development
- Person-situation aspects of personality development
- Intellectual aspects of personality development
- Contemporary research studies on personality and their findings
- Application of personality theories to individual differences
- Influences of gender, culture, ethnicity and religion on personality development

## **Textbooks:**

Friedman H.S. & Schustack, M.W. (2011).: Personality: Classic Theory and Modern Research (5th edition). <eBook> 5 Pearson  
ISBN-13: 9781292035451

Friedman H.S. & Schustack, M.W. (2011).: Personality: Classic Theory and Modern Research (5th edition). <eBook> 5 Pearson  
ISBN-13: 9781292035451-AA

**Learning Outcome:**

- Present an overview of classical theories of personality development (B2)
- Compare and contrast the different classical theories in a critical manner (B4)
- Interpret human behaviours based on a knowledge of personality development (B3)
- Explain the influences of culture, gender, ethnicity and religions on personality (B2)
- Discuss the findings of modern research on personality development (B2)
- Apply personality theories to understand observed behaviours of individuals (B3)
- Appraise the relevance of personality theories to the helping profession ((B4)
- Defend the use of personality theories in understanding clients (B5)

**Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
PRE-CLASS QUIZ	3
PRE-CLASS QUIZ	3
PRE-CLASS QUIZ	4
TUTOR-MARKED ASSIGNMENT	40
<b>Sub-Total</b>	<b>50</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
Written Exam	50
<b>Sub-Total</b>	<b>50</b>

**Weightage Total** **100**