

## **COU393 Practicum 3: Advanced Counselling Skills**

**Level:** 3

**Credit Units:** 10 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

### **Synopsis:**

In COU393 Practicum 3: Advanced Counselling Skills, it is expected of students to further hone their counselling skills, deepen their case conceptualisation and employ a few counselling modalities at a practicum site different from that in COU391 Practicum 2: General Counselling Skills. This would provide students with a greater exposure in counselling a wider clientele group presenting diverse issues. Like in COU391, students will receive 16 hours of clinical supervision of which 9 are individual, and 7 group supervision hours.

### **Topics:**

- Preparation for Practicum
- Desired Learning Outcomes - Learning Contract
- Starting the Practicum
- Nature and Scope of the Practicum
- Micro-skills in Counselling
- Advanced Counselling Skills
- Case Formulation and Case Conceptualisation
- Professional Conduct and Development Activities
- 9. Protocols at the Practicum Site – Forms for Writing Case-notes, Informed Consent, Video-recording, Making Referrals, etc
- Ethical Guidelines for Professional Counsellors
- Clinical supervision: Individual and Group - Roles and Responsibilities of Supervisors and Supervisees
- Assessment of Practicum

### **Learning Outcome:**

- Critique the contributions and shortcomings of counsellor and client factors in the development of the therapeutic alliance.
- Analyse their personhood in the Person-of-the-Therapist Model
- Appraise the impact of transference and counter-transference on the counselling process
- Apply strategies to manage transference and counter-transference
- Deepen their understanding of ethical issues in counselling practice, how to navigate ethical dilemmas, and make ethical decisions
- Demonstrate advanced counselling skills in relation to the different stages of the counselling process
- Evaluate these skills and articulate areas of improvement in future counselling sessions
- Employ a few counselling modalities that are aligned to their personal theory of counselling
- Evaluate their competence in the use of these modalities vis-à-vis counselling processes and outcomes

### **Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
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<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
TUTOR-MARKED ASSIGNMENT	100
<b>Sub-Total</b>	<b>100</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
<b>Sub-Total</b>	

**Weightage Total** **100**