

## **COU503 Ethics and Skills in Multicultural Counselling**

**Level:** 5

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY JULY

### **Synopsis:**

This course is designed to explore the complexities of culture and its influence on ethical and counselling practices. The primary aim is to provide awareness and understanding of multicultural counselling and therapy.

### **Topics:**

- • What is Ethics?
- • Common ethical violations
- • Ethical principles and codes
- • Singapore Association for Counselling: Code of Ethics
- • Ethical decision-making model
- • Ethical dilemmas: case studies
- • RESPECTFUL Counselling and Therapy theory
- • 4 quadrants
- • Multicultural Counselling and Therapy as metatheory
- • Multicultural competencies
- • Assessing one's own multicultural competence
- • Counsellor awareness of own cultural values and biases
- • Counsellor awareness of client's worldview
- • Culturally appropriate intervention strategies
- • Debate: Contemporary Counselling Theories vs Multicultural Counselling Theory in Singapore
- • Developing an integrated model of practice
- • Bringing it together: case studies
- • Practice multicultural skills: role-plays

### **Textbooks:**

Ivey, A.E., D'Andrea, M., & Ivey, M.B.: Theories of counseling and psychotherapy: A multicultural perspective 2012 Sage Publications Ltd  
ISBN-13: 9781412987233-AA

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**Learning Outcome:**

- Appraise the importance of Code of Ethics in counseling.
- Value standard and flexible rules of conduct when working in multicultural contexts.
- Examine the complexity of culture and its role in counselling.
- Analyse how one's cultural background, experience, belief system, attitudes, values and biases influence the counseling process.
- Evaluate traditional and contemporary theories in counselling.
- Examine the weakness and biases that exist in current counselling practices.
- Assess ethical dilemmas with reference to Code of Ethics.
- Compare and contrast different approaches to counseling and therapy.
- Evaluate the advantages and disadvantages of Theory of Multicultural Counselling.
- Select a counselling approach of personal preference with justification.
- Formulate one's own integrated approach to counseling.
- Prepare to practice counselling skills when working with multicultural clients.

**Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
TUTOR-MARKED ASSIGNMENT	25
TUTOR-MARKED ASSIGNMENT	25
<b>Sub-Total</b>	<b>50</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
Written Exam	50
<b>Sub-Total</b>	<b>50</b>

**Weightage Total** **100**