

COU561 Psychological Disorders and Intervention Strategies

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JULY

Synopsis:

This course takes students through the development of psychopathology from childhood through adolescence to adulthood. A wide range of psychological disorders and mental health problems will be examined, illustrated by case studies. Assessment, intervention and prevention of such disorders will also be discussed.

Topics:

- Definition and historical perspectives on abnormality
- Assessment and Diagnosis
- Anxiety Disorders I (panic disorder and social phobia)
- Anxiety Disorder II (generalised anxiety disorder and obsessive compulsive disorder)
- Mood disorders I (major depressive disorder, dysthymia)
- Mood disorders II (bipolar disorder)
- Health anxiety
- Post traumatic stress disorder
- Eating disorder

Textbooks:

Susan Krauss Whitbourne/ Richard P. Halgin.: Abnormal Psychology. Clinical Perspectives on Psychological Disorder with DSM-5 update. 8th Edition. 8th McGraw-Hill
ISBN-13: 9781259235894

Susan Krauss Whitbourne/ Richard P. Halgin.: Abnormal Psychology. Clinical Perspectives on Psychological Disorder with DSM-5 update. 8th Edition. 8th McGraw-Hill
ISBN-13: 9781259235894-AA

Learning Outcome:

- Assemble an overview of common psychological disorders through (late) adulthood
- Assess the symptoms, and appraise the causes of common psychological disorders through childhood to (late) adulthood
- Differentiate between developmental and pathological disorders
- Compare and contrast different types of psychological disorder
- Examine and critique research findings on selected psychological disorders, and mental health problems in local context
- Plan a simple assessment for a local client with psychological disorder using DSM-V criteria, and formulate practical/realistic intervention plans based on the assessment
- Compare the different intervention approaches to treating the different types of psychological disorder

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
TUTOR-MARKED ASSIGNMENT	25
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Sub-Total	50

Examinable Component	Weightage (%)
Written Exam	50
Sub-Total	50

Weightage Total **100**