

COU567 Theory and Practice of Group Counselling

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

The course provides in-depth overview of 10 group theories and how to put these into practice. Students will learn about group processes, application to the stages of a group and also how to apply group counseling to multicultural, ethical and school contexts. The final goal is to equip students with the knowledge and skills for effective group counseling. The module presents and active, multi-sensory approach to group counseling. It introduces participants to group dynamics and therapeutic forces of the group process.

Topics:

- Introduction to Groupwork
- Qualities of a Group Leader
- Initial stage of group
- Forming of group
- Two mockup class group
- Pre-group task
- Multicultural Counselling
- Ethics in groupwork
- 11 Therapeutic/Curative factors
- Two Mockup class group
- "HERE & NOW" concept in groupwork
- Co-Facilitation in groupwork
- Transitional stage of Group
- How to create activities for groupwork
- Two Mockup class group
- Working stage of group
- Termination stage of group

Textbooks:

Corey, M.S. et al.: Groups - Processes and Practice,(eText) 10 edition Cengage
ISBN-13: 9789814844789-AA

Irvin D. Yalom (Author), Moly Leszcz (Author): Theory and Practice of Group Psychotherapy 5th
Edition
ISBN-13: 9780465092840

Corey, M.S. et al.: Groups - Processes and Practice, (eText) 10th Edition Cengage
ISBN-13: 9789814844789

Irvin D. Yalom (Author), Modyn Leszcz (Author): Theory and Practice of Group Psychotherapy 5th Edition

ISBN-13: 9780465092840-AA

Learning Outcome:

- Corey, M.S. et al. (2014). Groups - Processes and Practice 9th Edition USA: Brooks/Cole, Cengage Learning.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
TUTOR-MARKED ASSIGNMENT	50
Sub-Total	50

Examinable Component	Weightage (%)
Written Exam	50
Sub-Total	50

Weightage Total **100**