

# ETB108 Experiential Teambuilding

**Level:** 1

**Credit Units:** 2.5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:**

## Synopsis:

Experiential Team-building is to provide students with an experiential platform to cultivate a common SUSS identity, and to develop foundational aptitudes in self-awareness, community mindedness, and environmental consciousness. This is achieved through a combination of e-learning, experiential learning, and on-site training. Through engaging in activities like group performances, community mindedness workshops, and experiential sessions, students would become attuned to the interdependence between the self, community, and physical environment. This 2.5cu ETB10X will count towards SUSS Core Unrestricted Electives (out of a total requirement of 20cus).

## Topics:

- Risk Assessment and Mitigation Principles
- Community Engagement Values, Principles, and Practices
- Strengths-based Approaches
- Understanding Team Dynamics and Team development models
- Social Emotional Competencies and Johari Windows
- SPIRIT Core Values and Head, Heart, and Habit

## Learning Outcome:

- Outline risks assessment and mitigation principles
- Identify team development techniques through team development models
- State how your family of origin, personal history, culture and background has shaped who you are today. Specifically, your personal identity and narrative.
- Describe the values, strengths and assets of the community through strengths-based approaches
- Practise team development techniques through team development models
- Explain how the community leverages on the assets and strengths
- Show how your personal identity and narratives contribute to your personal effectiveness, including your relationships with others.

Continuous Assessment Component	Weightage (%)
GROUP BASED ASSIGNMENT	60
PRE-COURSE QUIZ	10
GROUP BASED ASSIGNMENT	30
<b>Sub-Total</b>	<b>100</b>

Examinable Component	Weightage (%)
<b>Sub-Total</b>	

**Weightage Total**

**100**