

# **PSY108 Introduction to Psychology 2**

**Level:** 1

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

## **Synopsis:**

This Introductory Psychology module introduces the basic principles, concepts and theories of Developmental Psychology, Learning, Personality, Social Psychology, Abnormal Psychology and Health Psychology. The human life-span will be explored with reference to theories of physical, perceptual, cognitive, intellectual, language, moral, social, and emotional development and how they might be influenced by nature versus nurture. The learning journey will include pre-recorded lectures, interactive and instructive online resources that supplement the textbook and study guide, multimedia tutorials, videos, simulations, animations, tests and quizzes that will enhance one's knowledge and mastery of the key concepts covered in this course.

## **Topics:**

- Human Development
- Learning
- Emotion and Motivation
- Social Behaviour
- Psychological Disorders
- Personality, Stress and Health

## **Textbooks:**

Zimbardo, P.G., Johnson, R.L., & McCann, V.: Psychology: Core concepts (eText) (8th ed.). - (Revel Edition) Boston, MA: Pearson  
ISBN-13: 9780134190884

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**Learning Outcome:**

- Define major concepts of Psychology
- Describe basic theories or principles of Psychology
- Explain behaviour and mental processes using relevant theories or principles
- Discuss behaviour and mental processes using theories, theoretical perspectives, or empirical evidence
- Identify relevant concepts, principles, or theories that are evident or applied to real life situations
- Use theoretical and empirical evidence to support one's arguments in a critical analysis/review
- Apply the American Psychological Association (APA) referencing guidelines

**Assessment Strategies:**

| <b>Continuous Assessment Component</b> | <b>Weightage (%)</b> |
|--|----------------------|
| TUTOR-MARKED ASSIGNMENT                | 20                   |
| TUTOR-MARKED ASSIGNMENT                | 25                   |
| PRE-CLASS QUIZ                         | 1                    |
| PRE-CLASS QUIZ                         | 1                    |
| PRE-CLASS QUIZ                         | 1                    |
| PRE-CLASS QUIZ                         | 1                    |
| PRE-CLASS QUIZ                         | 1                    |
| <b>Sub-Total</b>                       | <b>50</b>            |

| <b>Examinable Component</b> | <b>Weightage (%)</b> |
|-----------------------------|----------------------|
| Written Exam                | 50                   |
| <b>Sub-Total</b>            | <b>50</b>            |

**Weightage Total** **100**