

PSY369e Emotion

Level: 3

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

E-Learning: BLENDED - Learning is done MAINLY online using interactive study materials in Canvas. Students receive guidance and support from online instructors via discussion forums and emails. This is supplemented with SOME face-to-face sessions. If the course has an exam component, this will be administered on-campus.

Synopsis:

Emotion introduces the theoretical and empirical issues in the domain of emotion, and discusses the key issues in the field. This course aims to provide an integrative and cross-disciplinary perspective of the study of emotion, and straddles across various psychological disciplines, such as social, personality, biological, and cognitive psychology.

Topics:

- Introduction to Emotion; Evolution to Emotions
- Biological Foundations of Emotions, Appraisal
- Affect and Cognition, Development of Emotions
- Personality and Emotion, Culture and Emotion
- Culture and Emotion, Emotion Regulation
- Emotion Regulation, Importance of Positive Affect

Textbooks:

By Paula M. Niedenthal, François Ric.: Psychology of Emotion (etext) 2nd edition.
ISBN-13: 9781351995726

By Paula M. Niedenthal, François Ric.: Psychology of Emotion (etext) 2nd edition.
ISBN-13: 9781351995726-AA

Learning Outcome:

- Demonstrate knowledge and understanding of the key approaches to and theories of emotion, and the various methodologies employed in the study of emotion
- Compare or analyse cultural or personality differences in emotion, and construct theoretical mechanisms to explain how and why they arise by integrating theories from various domains
- Examine the biological and neurological bases of emotion or the influences of affect on cognition and vice versa
- Analyse the cognitive, affective, physiological, and behavioural components of individual emotions

- Evaluate the research findings and theories of emotion in human development, personality, and cognition
- Judge the implications of emotion on life outcomes and physical, psychological, and mental well-being based on the research findings and theories in these areas
- Develop critical and analytical skills necessary to review empirical literature and interpret experimental designs in the field of emotion
- Design simple research studies to investigate key questions of interest in the field of emotion
- Propose strategies for regulating emotion and improving well-being in real life by utilising the theories and concepts on emotion regulation and evaluating how emotion influences physical, psychological, and mental well-being
- Critique a review article or evaluate existing research in a domain by drawing together theories and findings from various sources

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
PRE-CLASS QUIZ	5
PRE-CLASS QUIZ	5
TUTOR-MARKED ASSIGNMENT	20
GROUP BASED ASSIGNMENT	20
Sub-Total	50

Examinable Component	Weightage (%)
Written Exam	50
Sub-Total	50

Weightage Total **100**