

# **SPE309 Mental Health Issues in Special Needs**

**Level:** 3

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

## **Synopsis:**

For individuals with special needs, social and emotional difficulties manifest themselves in many ways, such as in challenging, disruptive or distressing behaviour, becoming withdrawn or isolated. Some mental health issues may underlie such difficulties as anxiety, depression or eating disorders. SPE309 Mental Health Issues in Special Needs examines some of the mental health issues that individuals with special needs may have or develop in their developmental pathways.

## **Topics:**

- The Relationship Between Special Needs and Mental Health
- Mental Health Disorders Co-Occurring with Special Needs
- The Range and Types of Social Emotional and Mental Health
- Indicators of Social Emotional and Mental Health
- Special Education in the Context of Treatment and Intervention in Social Emotional and Mental Health
- Social Emotional and Mental Health of Individuals with Special Needs
- Social Emotional Learning for Pupils with Special Educational Needs
- Social Emotional Learning for Adult Learners with Special Educational Needs
- Informal Counselling
- Whole-School Approach to Behaviour and Discipline in Special Education
- Professional Collaboration and Resources for the Mental Health of Individuals with Special Needs
- Crisis Intervention

## **Learning Outcome:**

- Demonstrate a practical apprehension of mental health in the context of individuals who have special needs.
- Indicate how Social Emotional Learning is related to the mental well-being for pupils with Special Educational Needs.
- Examine the principles that underlie an approach to discipline of individuals with Special Educational Needs who present with mental health issues.
- Create a plan for collaborating with professionals to support individuals with Special Educational Needs who have mental health issues.
- Evaluate the effectiveness of whole-school approach to supporting challenging behaviour brought about by mental health issues.
- Test for the indicators of SEMH difficulties in individuals with special needs.

## **Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
TUTOR-MARKED ASSIGNMENT	20
PRE-COURSE QUIZ	5

TUTOR-MARKED ASSIGNMENT	25
<b>Sub-Total</b>	<b>50</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
Written Exam	50
<b>Sub-Total</b>	<b>50</b>

**Weightage Total** **100**