

# **SWK365e Introduction to Psychiatric Rehabilitation**

**Level:** 3

**Credit Units:** 5 Credit Units

**Language:** ENGLISH

**Presentation Pattern:** EVERY SEMESTER

**E-Learning:** BLENDED - Learning is done MAINLY online using interactive study materials in Canvas. Students receive guidance and support from online instructors via discussion forums and emails. This is supplemented with SOME face-to-face sessions. If the course has an exam component, this will be administered on-campus.

## **Synopsis:**

This course offers students the opportunity to learn the background and development of psychiatric rehabilitation over the decades. The supporting research behind psychiatric rehabilitation, as well as the field's underlying values and principles will be covered. It will focus on how the practice of psychiatric rehabilitation is designed to facilitate the recovery and full community integration of adults with serious mental illnesses. Students will learn the various evidence-based models of rehabilitation and their applicability to the different types of psychiatric disorders. The course will also cover the values and principles in psychiatric rehabilitation that can inevitably change their practice.

## **Topics:**

- Introduction to Psychiatric Rehabilitation
- Recovery from Mental Illness
- Models of Psychiatric Rehabilitation I
- Models of Psychiatric Rehabilitation II
- Use of Medication and Family Support
- Evidence Based Practices

## **Textbooks:**

Pratt, Carlos W., Gill, Kenneth J., Barrett, Nora M., & Roberts, Melissa M.: Psychiatric Rehabilitation, 3rd edition. 3 Academic Press  
ISBN-13: 9780128099902-AA

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**Learning Outcome:**

- Discuss the history, development and current status of psychiatric rehabilitation
- Describe evidence-based practices utilized in the field of psychiatric rehabilitation
- Appraise the stigmatizing beliefs about people with psychiatric abilities
- Apply psychiatric rehabilitation principles and ethics
- Compare psychiatric rehabilitation with traditional medical model approach
- Analyse existing psychiatric rehabilitation models to determine usefulness

**Assessment Strategies:**

<b>Continuous Assessment Component</b>	<b>Weightage (%)</b>
PRE-CLASS QUIZ	5
TUTOR-MARKED ASSIGNMENT	35
DISCUSSION BOARD	10
<b>Sub-Total</b>	<b>50</b>

<b>Examinable Component</b>	<b>Weightage (%)</b>
Written Exam	50
<b>Sub-Total</b>	<b>50</b>

**Weightage Total** **100**