

XAT509 Art Making in Expressive Arts Therapy

Level: 5

Credit Units: 5 Credit Units

Language: ENGLISH

Presentation Pattern: EVERY JAN

Synopsis:

In XAT509 Art Making in Expressive Arts Therapy, students will explore the role of concrete and visual modalities in expressive arts therapies, and how creating art makes the creative journey visible. They will be introduced to the theories of art making from developmental, psychological and neurobiological perspectives, and explore their own assumptions and experiences of art making. Through various art exercises they will reflect and learn how art making can be a symbolic language, and how to work with this within different cultural contexts and with different client groups. They will also explore the ethical issues around viewing and exhibiting client's art works, and how this can be contraindicated when working with vulnerable clients. They will also explore different art materials, and how to set up a specialist creative art space for their clients.

Topics:

- Introduction to art therapy theory and practice
- Art making stages and ages
- Cultural assumptions around the arts
- Traditional Asian art practices
- Art as an alternative language
- Process versus the product in art making
- Documenting art as expression
- Ethical issues in art making, displaying and analysing in the context of therapy
- Setting up an expressive arts space
- Art across the life span
- Art as healing case examples
- Personal art journalling

Textbooks:

Kalmanowitz, D, Potash, J and Chan, S.M.: Art Therapy in Asia - To the Bone or Wrapped in Silk. 2012 Pennsylvania: Jessica Kingsley Publishers.
ISBN-10: 1849052107

Learning Outcome:

- Examine the role of visual arts in healing, therapy and education.
- Formulate a working model applicable to their work situation.
- Appraise the different media available in art making.
- Evaluate the process of art making rather than just the end product.
- Choose appropriate art making experiences for a range of client groups
- Design an art space for therapeutic work.

Assessment Strategies:

Continuous Assessment Component	Weightage (%)
TUTOR-MARKED ASSIGNMENT	25
TUTOR-MARKED ASSIGNMENT	25
Sub-Total	50

Examinable Component	Weightage (%)
ECA	50
Sub-Total	50

Weightage Total **100**